

NE Valley Day 1 Videos

In YouTube change settings to 1080HD

[PRELIMS: 100m, 100 Hurdles](#)

[PRELIMS: 200m](#)

[PRELIMS: 300 hurdles, 400m](#)

[FINAL: 800m - Bella, Mia, Sofia](#)

[FINAL: 800m - Lily](#)

[FINAL: 1600m](#)

[PRELIMS: 4 X 100m Relay](#)

[PRELIMS: 4 X 400m Relay](#)

[FINALS: Discus, High Jump, Triple Jump](#)

NE Valley Day 2 Videos

In YouTube change settings to 1080HD

[FINALS: 100 Hurdles, 100m](#)

[FINALS: 200m, 300 Hurdles, 400m](#)

[FINAL: 3200m](#)

[FINAL: 4 X 100m Relay](#)

[FINAL: 4 X 400m Relay](#)

[FINAL: 4 X 800m Relay](#)

[FINAL: Shot Put](#)

[FINAL: Long Jump](#)

[FINAL: Javelin](#)