



## Xavier Prep Crew 2022-2023 Registration Packet Information Novice, Junior Varsity & Varsity

- ✓ The first payment of \$325 must accompany your Registration Packet in the form of a check made payable to Xavier Prep Crew. This is non-refundable.
- ✓ TEAMS: NOVICE is 1<sup>st</sup>-year rowers. VARSITY & JUNIOR VARSITY are 2<sup>nd</sup>-, 3<sup>rd</sup>-, and 4<sup>th</sup>-year rowers. Generally, only VARSITY rowers will travel. Only qualifying athletes will travel, and all travel expenses must be paid by the athletes who travel, in addition to their monthly dues. Placement on specific teams is determined by multiple factors, such as rowing experience, attendance, effort, erg time, and other relevant aspects of performance.
- ✓ No one will be permitted to practice without a completed Registration Packet. Your completed packet is due no later than September 19, 2022. Incomplete packets will not be accepted.
- ✓ VOLUNTEERING: ALL families are required to volunteer at least 10 hours/year. Parent volunteers must complete the Diocese of Phoenix Safe Environment Training.

**Please attach the Registration Checklist to the front of your Registration Packet.**

### Xavier Prep Crew 2022-2023 Registration Checklist

- \_\_\_\_ Membership Form
- \_\_\_\_ ACH Debit/Credit Card Authorization Form
- \_\_\_\_ Xavier Prep Crew Release of Liability Form
- \_\_\_\_ Photo Release Form
- \_\_\_\_ Financial/Volunteer Responsibility Acknowledgement Form
- \_\_\_\_ Copy of FRONT and BACK of Athlete's Health Insurance Card
- \_\_\_\_ Authorization to Dispense Medication Form
- \_\_\_\_ Xavier Prep Crew Handbook Acknowledgement Form
- \_\_\_\_ Check for \$325 made payable to Xavier Prep Crew
- \_\_\_\_ Scholarship Application, if applicable
- \_\_\_\_ Float Test Form
- \_\_\_\_ Additional Travel Expense Acknowledgement Form



**MEMBERSHIP FORM**

**ATHLETE INFORMATION**

Name:

Date of Birth:

Mobile Phone:

Address:

City:

Zip Code:

Varsity Novice

Began Rowing (Mo/Yr):

Xavier Email:

Graduation Year:

Home Room #:

Shirt Size:

Insurance Carrier: Policy #: Claims #: **PARENT(S) INFORMATION**

Mother's Name:

Address (if different):

Cell Phone:

Email:

Occupation/Special Talent:

Father's Name:

Address (if different):

Cell Phone:

Email:

Occupation/Special Talent:

**ATHLETE'S MEDICAL INFORMATION**

Allergies:

Medications:

Recent Illness:

Limitations (if listed please have form signed by physician below):

Physician's Name: Physician's Signature:

Physician's Phone: Date:

**Please Note: All XCP Crew Athletes are required to have a current physical on file with the XCP Nurse's Office prior to participation.**

**EMERGENCY CONTACT INFORMATION AND MEDICAL AUTHORIZATION**

Name of Emergency Contact: Phone:

Name of Emergency Contact:

Phone:

I understand that in the event of illness or serious injury to my child, the coach, athletic trainer, chaperone, or on-sight administrator will attempt to contact me by calling the listed phone numbers. If I cannot be reached and the coach, athletic trainer, chaperone or on-sight administrator feels the injury is serious enough to warrant emergency treatment, that person will contact emergency services and my child will receive emergency treatment. This procedure is acceptable to me.

Signature of Parent/Guardian:

Date:

Signature of spouse (if for a joint membership):

Date:

**Please attach a photocopy of the FRONT and BACK of the athlete's health insurance card to this form.**



**Xavier Prep Crew**  
**2022-2023 ACH Debit or Credit Card Authorization Form**

**Athlete's Name** \_\_\_\_\_

**Parent's Name** \_\_\_\_\_

**Email:** \_\_\_\_\_

*(All billing information will be delivered via email.)*

**Please check one:**

- A VOIDED check is attached for monthly ACH debit  
or**
- Credit card information for monthly charge is below:**

**Credit Card #** \_\_\_\_\_ **Expiration Date** \_\_\_\_\_ **CVC#** \_\_\_\_\_

**Name on Credit Card** \_\_\_\_\_

**Billing Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**I hereby authorize Xavier Prep Crew to charge my account \$325 per month beginning October 2022 and ending April 2023. (Seven monthly payments of \$325 each, in addition to the attached check in the amount of \$325. These payments do NOT include additional travel expenses.) If my athlete is removed from or leaves the team, I will be notified in writing and my automatic payments will cease immediately. I understand that my fundraising commitment must be reached by April 1, 2023. I hereby authorize Xavier Prep Crew to charge my donation to this account should I not meet my commitment by April 1, 2023. I understand that I will be assessed a \$45 service fee for any charges not honored by my bank. I understand that athlete's travel expenses are in addition to the monthly dues.**

**Authorized Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I agree to pay above total amount according to card issuer agreement.

**For Billing questions please email [XavierPrepCrewBoard@gmail.com](mailto:XavierPrepCrewBoard@gmail.com).**



## Xavier Prep Crew Release of Liability

For and in consideration of the undersigned participant's registration with Arizona Junior Rowing, an Arizona nonprofit corporation dba Xavier Prep Crew and Xavier College Preparatory High School (collectively "Xavier Prep Crew") and being allowed to participate in Xavier Prep Crew events and team activities, participant (and the parent(s) or legal guardian(s) of participant, if applicable) waive, release and relinquish any and all claims for liability and cause(s) of action, including for personal injury, property damage, wrongful death occurring to participant, arising out of participating in Xavier Prep Crew events, team activities, the sport of rowing and/or activities incidental thereto including, without limitation, transportation to and from team events, whenever or however they occur and for such period as said activities may continue. By this agreement any such claims, rights and causes of action that participant (and participant's parent(s) or legal guardian(s) if applicable) may have are hereby waived, released and relinquished and participant (and participant's parent(s) or legal guardian(s) if applicable) does (do) so on behalf of my/our and participant's heirs, executor, administrators and assigns.

Participant (and participant's parent(s) or legal guardian(s) if applicable) acknowledge, understand and assume all risks relating to rowing and any team activities and understand that rowing and team activities involve risks to participant's person including bodily injury, partial or total disability, paralysis or death and damages which may arise there from and that I/we have full knowledge of the risks. These risks and dangers may be caused by the negligence of the participant or of others including the "releasees" identified below. These risks and dangers include but are not limited to, those arising from participating in and transportation to and from workout or race locations. I/We further acknowledge that there may be risks and dangers not known to us or not reasonably foreseeable at this time. Participant (and participant's parent(s) or legal guardian(s) if applicable) acknowledge, understand and agree that all of the risks and dangers described in this agreement are included within this waiver, release and relinquishment as described in the preceding paragraph. I/We agree to abide by and be bound under the rules of US Rowing, Xavier Prep Crew and the rules and regulations applicable to participation in any rowing regatta or event and with the By Laws of Xavier Prep Crew. Copies of By-Laws are available to all members of Xavier Prep Crew upon written request.

Participant (and participant's parent(s) or legal guardian(s) if applicable) acknowledge, understand and assume the risks arising from transportation to regattas and the conditions and use of regatta locations and related premises and acknowledge and understand that included within the scope of this waiver and release is any cause of action (including any cause of action based on negligence) arising from the performance or failure to perform, maintenance, inspection, supervision or control of the regatta areas or the transportation equipment and for the failure to warn of dangerous conditions existing at such race or activity locations.

Participant (and participant's parent(s) or legal guardian(s) if applicable) agree that if any claim for participant's personal injury or wrongful death is commenced against releasees, he/she shall defend, indemnify and save harmless releasees from any and all claims or causes of action by whomever or wherever made or presented for participant's personal injuries, property damage or wrongful death. It is the purpose of this agreement to exempt, waive and relieve releasees from liability for personal injury, property damage and wrongful death including if caused by negligence, including the negligence, if any, or releasees. "Releasees" include Xavier Prep Crew and Xavier College Preparatory, their respective affiliate associations, member teams, event hosts other participants, coaches, officials, sponsors, advertisers, owners and operators of the premises used to conduct any event and each of them, their officers, directors, agents and employees.

Participant (and participant's parent(s) or legal guardian(s) if applicable) acknowledge that they have been provided and have read the above paragraphs and have not relied upon any representations of releasees, that they are fully advised of the potential dangers of rowing and understand these waivers and releases are necessary to allow team rowing and the associated transportation to exist in its present form.

Athlete's Name (print) \_\_\_\_\_ Athlete's Date of Birth \_\_\_\_\_

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



Xavier Prep Crew

# Float Test Form

MUST be completed for all new (Novice) Rowers

Check box if Float Test is on file from previous year.

Athlete's name \_\_\_\_\_

**Your safety is of the utmost importance to the team.** Becoming part of XAVIER PREP CREW (XPC) requires you to confirm that you are a competent swimmer. Documentation of this fact is required, and is kept on file for insurance purposes. It may be also made available by XPC upon request.

**You must complete a float test or provide equivalent Red Cross Certification (see below)** as confirmation of your swimming ability. You only need to provide the proof once; we will keep it on file while you row for Xavier.

### What is a Float Test?

The Float Test is a swimming competency test. It is conducted in deep water, with you wearing shorts and a long-sleeved shirt in the water (over a suit is recommended). You will be asked to float, tread water, and/or swim in place for ten minutes—touching the bottom or sides of the pool is not allowed.

### The requirement can be met one of three ways:

- Provide a copy of your current Water Safety Instructor (WSI) certification, or
- Provide a copy of your current Advanced Lifesaving certification, or
- Take a float test.
  - Float tests must be taken at a swimming pool under the supervision of a lifeguard certified by the American Red Cross.
  - Float tests may be obtained free of charge at your local YMCA. Please call the YMCA in advance to inquire about arrangements.

### What to Do with the Proof

You must provide proof of swimming competency prior to participating in your first water session of a Xavier Prep Crew practice. Fill out the form (please write legibly), schedule and take the test, get the form below signed by the witnessing lifeguard, then include this form in your Registration Packet, or email it to [XavierPrepCrewBoard@gmail.com](mailto:XavierPrepCrewBoard@gmail.com).

### Athlete/Rowers Information

Participant Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Birthdate \_\_\_\_\_ Phone \_\_\_\_\_

### Lifeguard's Confirmation of Athlete's Swimming Competency

The above-named individual has successfully passed a float test to meet eligibility requirements for participating in a rowing activity sponsored by Xavier Prep Crew:

Lifeguard Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Pool \_\_\_\_\_



## **Xavier Prep Crew 2022-2023 Photo Release Form Permission to Use Photographs/Video**

I grant to Xavier Prep Crew the right to take photographs of me (and my family) in connection with club practices, events, an/or competitions. I authorize Xavier Prep Crew, its assigns and transferees to use and publish the same in print and/or electronically.

I agree that Xavier Prep Crew may use such photographs of me with or without my name and for any lawful purpose, including publicity, illustration, advertising, and Web content.

I have read and understand the above.

Athlete's Name (print) \_\_\_\_\_

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



## Club Financial/Volunteer Responsibilities

Xavier Prep Crew is a club, organized as a non-profit corporation. We are qualified as a tax-exempt organization, under 501(c)(3) of the Internal Revenue Code. We receive no funds from XCP or the Diocese of Phoenix. Each rower **MUST** support the club financially in three areas: dues payment, travel payment (if athlete qualifies for traveling), fundraising, and volunteering.

### DUES

Operating Dues for 2022-23 will be \$325/month for September 2022 through April 2023 (8 monthly payments). Dues are set by the Board of Directors to pay for club administrative costs, equipment and facilities, and coaches. The monthly fees do **not** include travel expenses. In order to participate in travel, additional travel expenses must be paid by the athlete.

Travel is an essential part of the Varsity athletes' experience as they attend a number of out-of-state regattas. Parents of athletes who travel will be responsible for all travel-related costs in addition to the monthly fees. Travel costs include team transportation, and room and board for the team, chaperones, and coaching staff.

Every club member must pay monthly dues regardless of boat placement or regatta participation. Additional fees will be incurred for athletes attending select regattas.

### Dues payment:

The initial payment of \$325 in September must be paid in the form of a check made out to Xavier Prep Crew, and the ACH Debit or Credit Card Authorization Form **MUST** be turned in with the Registration Packet. Thereafter, monthly dues payments will be automatically billed via your bank account or credit card provided. Payments declined by your bank will be assessed a fee of \$45. If your payment is declined you will be notified via email. If your dues payment is not fulfilled within 10 days your daughter will not be able to attend practice and/or competitions until the dues are brought current.

Prepaid dues are refundable for the following reasons only and will be refunded on a pro rata basis, less any pre-arranged travel:

- A serious injury causing the athlete to withdraw from crew
- An athlete is academically barred for the remainder of the season
- An athlete withdraws completely from crew



Dues are **not** refundable for the month in which the athlete withdraws. **The athlete or athlete's parent is responsible for notifying the Board President in writing of the athlete's withdrawal by emailing [XavierPrepCrewBoard@gmail.com](mailto:XavierPrepCrewBoard@gmail.com).**

## **ADDITIONAL COSTS**

At a minimum, in addition to monthly dues, you will be responsible for the costs of the following:

- All members will be required to obtain and pay for their individual US Rowing membership (renew yearly).
- Team uniform and travel polo
- Fundraising of at least \$500, due April 1, 2023
- Travel expenses, if applicable (transportation, room, board, coaches, etc.)

## **SCHOLARSHIPS**

A limited number of scholarships are available for qualified athletes. The Scholarship Application must accompany your completed registration packet, including the ACH Debit Authorization Form.

## **FUNDRAISING**

The club strives to keep the cost of club membership to a minimum, while providing a safe and meaningful experience for the athletes. Each family is expected to participate in fundraising activities set forth by the Fundraising Committee in order to help defray club operating costs. Families and rowers will have fundraising opportunities throughout the season, including the Winter Ergathon. Rowers and their families are also encouraged to seek out club sponsorships through personal and business relationships.

**Each rower is responsible for raising a minimum of \$500 during the Ergathon fundraiser. The Ergathon fundraising commitment is due April 1, 2023.**

## **VOLUNTEERING**

Every family is required to perform a minimum of 10 volunteer hours per year. Grandparents, siblings over the age of 18, or other family members may fulfill volunteer hours. Any volunteer whose volunteer duties require direct contact with the athletes must first complete the Diocese of Phoenix Safe Environment Training. If a rower joins the team after October 1<sup>st</sup>, the volunteer hour requirement will be prorated at 1 hours/month. Unearned volunteer hours will be charged at \$20 per hour and are due on May 15, 2023.

## **DONATIONS**

As a non-profit 501(c)(3) organization, Xavier Prep Crew accepts donations, which may be tax deductible (consult your financial advisor). Donations help make rowing possible for more

athletes and will make Xavier Prep Crew a more rewarding program for all of us. Donations made to the club in conjunction with club activities, i.e. gift cards or food, are not credited toward your minimum fundraising requirement. Rather, they will be credited toward your volunteer hours. The value of your donations will be determined by the Board of Directors. We acknowledge and agree to the Financial/Volunteer Responsibilities associated with our Xavier Prep Crew membership:

## **COMMUNICATION**

This year Xavier Prep Crew will be using TeamSnap, a communication tool specifically designed for facilitating communication, schedules, paperwork, and payments for club sports. All athletes and parents will be asked to install the TeamSnap app on their smartphones and use TeamSnap as much as possible for communication, scheduling, paperwork, and payments.

Athlete's Name (print) \_\_\_\_\_

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



## Additional Travel Expense Acknowledgement

If my daughter qualifies for the Travel Team, I understand there will be out-of-state travel to regattas, and the number and dates of the regattas, as well as the costs associated with the travel, including but not limited to transportation, room and board, and coaches, will be **in addition to** my monthly dues and will be paid by the athletes who travel. With this in mind, please choose one of the following:

- I **do not** want to commit to additional costs for crew aside from the US Rowing membership, team uniform/shirt, monthly dues, and one-time fundraising commitment, therefore I will not authorize out-of-state travel to regattas for my daughter.
  
- I **will authorize** out-of-state travel to regattas for my athlete, if she qualifies for the Travel Team. I understand the schedule for 2022-23 regattas have not yet been finalized, and the actual costs for athletes to attend the regattas has not been determined. I understand that I will be responsible for my athlete's travel expenses **in addition to** the US Rowing membership, team uniform, monthly dues, and one-time fundraising commitment.

Athlete's Name (print) \_\_\_\_\_

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



## Authorization to Dispense Medication

Athlete's Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

I \_\_\_\_\_ (parent or guardian) hereby authorize a chaperone or coach of Xavier Prep Crew to dispense to my daughter, if needed, any of the following medications checked below:

Please check all that apply:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Tylenol                      | <input type="checkbox"/> Ibuprofen (Advil) | <input type="checkbox"/> Aspirin        |
| <input type="checkbox"/> Imodium AD                   | <input type="checkbox"/> Pepto Bismol      | <input type="checkbox"/> Alka Seltzer   |
| <input type="checkbox"/> Midol                        | <input type="checkbox"/> Benadryl          | <input type="checkbox"/> Cough Medicine |
| <input type="checkbox"/> Topical Antiseptic           | <input type="checkbox"/> Cold Medicine     | <input type="checkbox"/> Dramamine      |
| <input type="checkbox"/> Other (please specify _____) |  |   |

List any medications your athlete takes on a regular basis and/or any allergies to medication:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Xavier Prep Crew Use ONLY*

Medicine: \_\_\_\_\_ Date/Time Given: \_\_\_\_\_ Initials: \_\_\_\_\_

Medicine: \_\_\_\_\_ Date/Time Given: \_\_\_\_\_ Initials: \_\_\_\_\_

Medicine: \_\_\_\_\_ Date/Time Given: \_\_\_\_\_ Initials: \_\_\_\_\_

Medicine: \_\_\_\_\_ Date/Time Given: \_\_\_\_\_ Initials: \_\_\_\_\_



## Xavier Prep Crew Handbook Acknowledgement Form

We have read and agree to all terms, rules, and regulations set forth in the Xavier Prep Crew Handbook, to including the following documents:

- Athlete Attendance Policy
- Athlete Code of Conduct
- Athlete/Coaching Staff Communication Policy
- Chaperone/Race Host Guidelines
- Lettering Guidelines
- Parent/Coaching Staff Communication Policy
- Parent Code of Conduct
- Regatta/Travel Policy
- Rooming List Policy
- Team Selection/Boat Selection Criteria
- Scholarship Policy & Application
- Uniform Policy

We understand that the occasionally the Handbook contents require revision. In this case, the Xavier Prep Crew Board will notify all members of the revision via email. We understand that it is our responsibility to review the said revision and comply.

We understand that the coaches, chaperones and Xavier Prep Crew Board of Directors, under the direction of the Xavier College Preparatory Administration, reserve the prerogative to impose restrictions and consequences he or she may deem necessary for the good order and for the welfare of the individual student and the Xavier Community.

Athlete's Name: \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_