

Xavier College Preparatory

2022 Fall Sports Tryout Information

Vice Principal for Activities/Athletic Director:

Sister Lynn Winsor, BVM, CMAA

Associate Athletic Director: Ms. Tui Selvaratnam

Athletic Supervisor: Ms. Susan Contreras

Athletic Office Assistant: Ms. Ronna Layne

Head Athletic Trainer: Ms. Laurie White, MS, AT

Athletic Trainer: Ms. Hannah Duszynski, AT



ALL XAVIER STUDENTS MUST HAVE THE 2022-2023 ANNUAL PHYSICALS & CONSENT TO TREAT ON FILE

ALL TRYING OUT FOR FALL SPORTS MUST HAVE COMPLETED THE AIA BRAINBOOK AND OPIOID EDUCATION COURSE
(SEE aiaonline.org, GO TO AIA ACADEMY IN THE TOP BANNER, THEN TO "BRAINBOOK AND OPIOID EDUCATION," REGISTER AS A STUDENT, TAKE THE COURSE)

Badminton

Coaches: Mr. Brian McNerney and Mrs. Beth Valdez

Open Badminton Gym:

All Players:	Monday	August 1st	9:00am-11:00am	Activity Center
	Tuesday	August 2nd	9:00am-11:00am	Activity Center
	Wednesday	August 3rd	9:00am-11:00am	Activity Center
	Monday	August 8 th	1:00pm-3:00pm	Activity Center
	Tuesday	August 9 th	3:00pm-5:00pm	Activity Center
	Friday	August 11 th	3:00pm-5:00pm	Activity Center

Girls trying out must attend all days of tryouts.

Tryouts for Xavier Students in 9, 10, 11 and 12th grades are in Activity Center on:

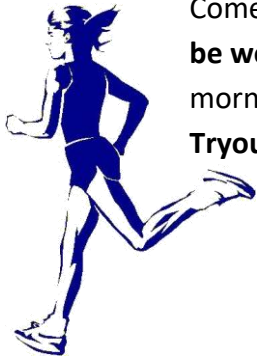
Monday	August 15th	3:30pm-5:00pm
Tuesday	August 16th	3:30pm-5:00pm
Wednesday	August 17th	3:30pm-5:00pm
Thursday	August 18th	Parent Meeting



Wear appropriate t-shirts, (white and can be written on w/sharpie) tennis skirts, shorts and athletic tennis shoes. Bring a racket if you have one (Xavier will provide one, if needed). Bring a full jug of water

Cross Country

Coaches: Mr. Dave Van Sickle, Ms. Andrea Williams



Come dressed to run; wear appropriate athletic shorts, t-shirts (**Sports bras are not to be worn as or in place of t-shirts**) and running shoes. Meet at the Brophy track each morning at 5:30am and bring water bottle.

Tryouts: Open to all Xavier students. **Those trying out must attend all days of tryouts.**

Tuesday	August 9 th	5:30am	Brophy Track
Wednesday	August 10 th	5:30am	Brophy Track
Thursday	August 11 th	5:30am	Brophy Track

Frosh Tennis

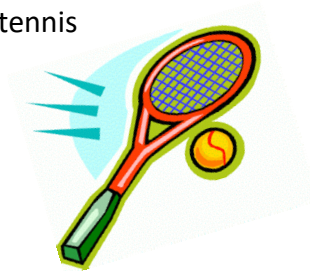
Coaches: TBD

Interest Questionnaire Emailed to Freshman: Tuesday, August 9th and due by August 15th

Tryouts: Position Rounds for Immediate/Advanced girls who have played some tennis

Monday	August 22nd	3:00pm-5:00pm
Tuesday	August 23rd	3:00pm-5:00pm
Wednesday	August 24th	3:00pm-5:00pm
Thursday	August 25th	3:00pm-5:00pm

Bring your water jugs, hats/visors and sunscreen.



All **NEW and BEGINNER** players will begin practice on Monday, August 29th after school. Come dressed to play in shorts, tennis skirts and t-shirts and bring your rackets. If you do not have a tennis racket, Xavier will provide one for you. Bring your water jugs, hat/visors and sunscreen.

Xavier Crew

Coaches: TBD

Learn to Row Class:

TBD

Tempe Town Lake, Xavier Boat House



To learn more about Xavier Crew/Rowing, please visit XavierPrepCrew.net for more information

Golf

**Coaches: Sr. Lynn Winsor, BVM, CMAA, Ms. Tui Selvaratnam and
Mrs. Jane Ladensack**

The Xavier Prep Golf team will participate in the Advanced Physical Education Golf Class. This class meets 7th period Monday through Thursday. Practice will then continue for an additional ninety minutes after class. Once the team is selected, class schedules may be adjusted to accommodate Golf Class.

All 9th, 10th, 11th and 12th grader who would like to try out for the Golf Team must attend a mandatory meeting on Tuesday, August 9th at 2:00pm in Lutfy Hall. No clubs needed at this meeting.

Tryouts will take place at the Phoenix Country Club on:

Wednesday, August 10 th	Meet in Sr. Lynn's Office at 1:55pm
Bus leaves campus at 2:10pm	Tryouts until 5:00pm
Thursday, August 11 th	Meet in Sr. Lynn's Office at 1:55pm
Bus leaves campus at 2:10pm	Tryouts until 5:00pm
Friday, August 12 th	Meet in Sr. Lynn's Office at 1:15pm
Bus leaves campus at 1:30pm	Tryouts until 4:45pm



E-Sports

Coaches: Ms. Erika Peinado and Mr. Sanford Worth

Tryouts: Mid August

Dates and Time: TBD

Hotshots Clay Target

Coaches: Mr. Brian Trapp

Tryouts: TBD

Learn to Shoot: Sunday, September 11th, Time and Place : TBD

Mountain Biking

Coaches: Mr. Rich Perrott

Tryouts: Ride for the Group Saturday, August 13th at 7:00am

All those interested in Mountain Biking Ride for the Group will meet at Papago Park Ramada's (across from the Phoenix Zoo). Mountain Biking is a no cut sport.

Swimming and Diving

Coaches: Mr. Glen Coy, Mr. David Smithers and Ms. Jennifer James

The Xavier Prep Swim and Dive team will participate in the Advanced Physical Education swim class. This class meets 7th period Monday through Thursday. Practice will then continue for an additional 1 hour after class. Once the team is selected, class schedules may be adjusted to accommodate swim class.

Girls trying out must attend each day of tryouts. Girls must wear a one piece suite, bring caps, goggles, towels, sunscreen and full water jug.

Tuesday	August 9 th	2:30pm-4:30pm
Wednesday	August 10 th	2:30pm-4:30pm
Thursday	August 11 th	2:30pm-4:30pm



Coaches: Mr. Frank Pipitone

Tryouts for girls in 9th, 10th, 11th and 12th grades:

Tuesday, August 9 th	2:30pm-4:30pm
Wednesday, August 10 th	2:30pm-4:30pm
Thursday, August 11 th	2:30pm-4:30pm

Brophy Pool
Brophy Pool
Brophy Pool

Girls must wear a one piece suit and bring a cap, towels, sunscreen and a full jug of water.



Spirit line and Gator Line

Spirit Line/Gator Line Coaches: Mrs. Monica Gaspar, Ms. Stephanie Sassaman, Ms. Taylor Van Arsdall

The sophomores, juniors and seniors for Pom and Cheer and the Gator Line were selected in April 2022.

Freshmen and incoming transfers will try out on Thursday, August 4th in Vestar Hall 4:00-6:00pm



Volleyball Open Gym and Tryouts



**Coaches: Ms. Lamar Bryant, Mrs. Jamie Itule, Ms. Anna Panagiotakopoulos, Ms. Jenny Scott, Mrs. Kelly Ross
Ms. Lindsay Preach, Mrs. Kristen Jones**

Volleyball open gym is for all XCP students.

Open Gym:	Monday	August 1 st	1:00pm-3:00pm	Activity Center
	Tuesday	August 2 nd	1:00pm-3:00pm	Activity Center
	Wednesday	August 3 rd	1:00pm-3:00pm	Activity Center
	Thursday	August 4 th	2:45pm-4:45pm	Activity Center

All trying out must attend all days of try-outs.

Come dressed to try-outs in appropriate clothing; shorts, t-shirts and tennis shoes.

Bring your water jugs.

Tryouts for Frosh:

Monday	August 8 th	1:00-3:00pm	Vestar Hall
Tuesday	August 9 th	3:30-5:00pm	Vestar Hall
Wednesday	August 10 th	3:30-5:00pm	Vestar Hall



Tryouts for 10, 11, 12:

Monday	August 8 th	3:00-5:30pm	Activity Center
Tuesday	August 9 th	5:00-7:30pm	Activity Center
Wednesday	August 10 th	5:00-7:30pm	Activity Center