

XAVIER TRACK & FIELD
TOP TEN LIST and Relay Records
1978 - Present

Blue highlight = girls who are currently active

Green highlight = current season top ten marks

100m			200m			400m			800m		
1	Rotha Yong	12.44 '99	1	Natalie Johnson	25.33 '05	1	Natalie Johnson	55.11 '05	1	Natalie Johnson	2:08.61 '07
2	Shelby Roberts	12.50 '12	2	Shelby Roberts	25.62 '13	2	Bianca Lewis	56.47 '09	2	Sarah Penney	2:11.63 '07
3	Julianne Veloria	12.52 '22	3	Mykella Mulloy	25.69 '03	3	Sophie Brohard	57.11 '19	3	Katie Penney	2:14.08 '11
4	Paris Rasheed-Moore	12.54 '17	4	Rotha Yong	25.72 '99	4	Marley Stoller	58.12 '22	4	Megan Zacher	2:14.36 '18
4	Chelsea Canepa	12.54c '07	5	Najah Williams	25.73 '95	5	Sophie Bidwill	58.24 '07	5	Jessica Tonn	2:14.70 '08
6	Najah Williams	12.60 '94	6	Sophie Bidwill	25.84 '07	6	Dawn Gilson	58.74 '98	6	Bianca Lewis	2:15.14 '09
7	Mykella Mulloy	12.64 '02	8	Chelsea Canepa	25.88 '07	7	Rachel Schifter	59.05 '10	7	Tessa Weiss	2:15.71 '15
8	Dara Green	12.71 '96	7	Jada Sims	25.93wc '19	8	Megan Zacher	59.25 '18	8	Rachel Schifter	2:15.93 '10
8	Maddie Minoton	12.71 '17	9	Dara Green	25.94 '98	9	Elysia Fleetwood	59.43 '17	9	Dawn Gilson	2:16.91 '98
10	Bisola Ojeniyi	12.72 '17	10	Bianca Lewis	25.95 '09	10	Kinsey Ehmann	59.53 '18	10	Jen Smith	2:17.72 '01
1600m			3200m			100H			300H		
1	Jessica Tonn	4:50.42 '08	1	Sarah Fakler	10:24.48 '13	1	Jada Sims	14.65 '19	1	Karen Schillinger	45.09 '08
2	Sarah Penney	4:50.72 '08	2	Jessica Tonn	10:25.85 '09	2	Karen Schillinger	15.04 '08	2	Rachel Schifter	45.17 '13
3	Sarah Fakler	4:51.73 '13	3	Sarah Carter	10:35.21 '17	3	Annie Grant	15.40 '16	3	Annie Grant	45.42 '16
4	Tessa Weiss	4:51.78 '16	4	Sarah Penney	10:39.70 '07	4	Cassidy Cunningham	15.51 '11	4	Jada Sims	45.86 '19
5	Sarah Carter	4:53.07 '17	5	Laura Orlie	10:40.72 '12	5	Cydeni Carter	15.57 '16	5	Cassidy Cunningham	46.92 '11
6	Shelby Brown	4:54.71 '13	6	Tessa Weiss	10:42.35 '16	6	Joanna Castro	15.79 '00	6	Bethany Roessler	47.40 '07
7	Stephanie Rothstein	4:58.47 '02	7	Lauren Kinzle	10:55.34 '13	7	Cierra Gonzalez	15.81 '22	7	Joanna Castro	47.48 '00
8	Laura Orlie	4:58.93 '12	8	Kris Vanderhout	10:58.62 '08	8	Katie Reid	15.91 '01	8	Teresa Roessler	47.51 '16
9	Kris Vanderhout	5:00.26 '08	9	Daylee Burr	10:59.46 '11	9	Bethany Roessler	16.20 '07	9	Leila Grant	47.61 '18
10	Lauren Kinzle	5:04.40 '13	10	Breanna Perrone	11:01.12 '11	10	McKenna Renfro	16.25 '13	10	Kaira Burrage	47.63 '22
Long Jump			Triple Jump			High Jump			Pole Vault		
1	Jodie Hughes	19-00.00 '92	1	Courtney Clark	37-01.25 '09	1	Jada Sims	5-08.75 '18	1	Avery Allen	12-00 '22
2	Jada Sims	18-06.25 '19	2	Chaz Arah	36-07.00 '01	1	McKenna Renfro	5-04 '13	2	Jenna Fitzgerald	11-06 '15
3	Teresa Roessler	18-00.25 '15	3	Alisha Olson	35-11.00 '02	1	Ofunneka Arah	5-04 '04	3	Katie Dierker	9-10 '03
4	Cierra Gonzalez	18-00.00 '22	4	Bethany Roessler	35-06.00 '07	1	Liz Yost	5-04 '99	4	Molly Kaiser	9-06 '14
5	Bethany Roessler (w)	17-07.00 '07	5	Amy Freidl	35-03.00 '97	5	Kathy Schreyer	5-03 '93	5	Remy Feagles	9-00 '17
6	Chaz Arah	17-05.00 '02	6	Kasey O'Connor	34-10.50 '07	6	Cierra Gonzalez	5-02 '22	5	Kelly Williams	9-00 '06
7	Summer Jackson	17-04.50 '04	7	Paige Allen	34-10.00 '06	6	Roddreka Rogers	5-02 '09	7	Molly Cahill	8-06 '17
8	Jasmine Williams	17-04.00 '07	7	Roddreka Rogers	34-10.00 '10	6	Keli Bernhisel	5-02 '96	7	Jackie Stryczek	8-06 '11
8	Shannon Lefeste	17-03.50 '88	9	Ellie Hoecker	34-07.00 '98	6	Karen Schillinger	5-02 '08	7	Cari Dysick	8-06 '10
10	Alisha Olson	17-03.50 '02	10	Summer Jackson	34-06.00 '04	9	Jordan Drackett	5-01 '02	7	Dominique Caruso	8-06 '12
						9	Kelly Ward	5-01 '97	7	Claire Hubbard	8-06 '98
						9	Keitia Johnson	5-01 '07			
Shot Put			Discus			Javelin			Heptathlon		
1	Laura Bliss	39-04.00 '02	1	Erin Fakler	142-09 '14	1	Karen Schillinger	94-02 '08	1	Jada Sims	4709 '19
2	Liz Tytler	36-11.50 '00	2	Juliann Lieb	124-04 '10	2	Ellie Higgins	93-07 '22	2	Karen Schillinger	4073 '08
3	Kerry Kelly	34-02.00 '90	3	Cimone Miner	108-04 '09	3	Rylie Ward	89-07 '22	3	Cierra Gonzalez	3782 '22
4	Shay May	33-02.00 '10	4	Christy Carfagno	107-06 '87	4	Jada Sims	89-02 '19	4	Ellie Higgins	3582 '22
5	Erin Fakler	33-01.25 '13	5	Liz Tytler	107-01 '02	5	Callie Ehmann	88-04 '21	5	Kathy Schreyer	3333 ??
6	Tasha Zitzewitz	32-09.00 '10	6	Laura Bliss	103-00 '04	6	Kendall Swanson	87-07 '18	6	Bethany Roessler	3318 '06
7	Karen Schillinger	32-04.50 '08	7	Kat Hernandez	101-11 '05	7	Elena Soderstrom	82-00 '22	7	Cydeni Carter	3171 '15
8	Elena Soderstrom	32-03.00 '22	8	Angie Lashinske	99-05 '12	8	Bethany Barnwell	78-08 '21	8	Teresa Roessler	2896 '15
9	Carolyn Bliss	32-02.00 '04	9	Tasha Zitzewitz	99-00 '11	9	Kelly Jehle	76-05 '18	9	Illiana Kockinis	2652 '22
10	Roddreka Rogers	31-10.00 '10	10	Elena Soderstrom	98-05 '22	10	Tatum Cork	75-06 '17	10	Tatum Cork	2592 '17
10	Christina Mueller	31-10.00 '02				10	Janna Hynds	75-06 '18			
									400 Hurdles		
									1	Cassidy Cunningham	1:06.38 '11

c = converted hand time

wc = converted wind-aided time

Xavier Track and Field Relay Records

4 x 100	Rotha Yong Blaire Pace Marisa Chattman Najah Williams	48.52	1998	1998 State Meet
4 x 100	Bisola Ojeniyi Paris Rasheed-Moore Elysia Fleetwood Maddie Minton	48.75	2017	2017 State Meet
4 x 100	Bisola Ojeniyi Annie Grant Cydeni Carter Maddie Minton	48.85	2016	2016 State Meet
4 x 200	Tamarra Kalamchi Bianca Lewis Natalie Melkonoff Rachel Schifter	1:47.72	2011	Arcadia
4 x 200	Jenna Fitzgerald Cassidy Cunningham Shelby Roberts Rachel Schifter	1:48.19	2013	Arcadia
4 x 200	Kaysey Fung Brittney Palencia Brianna Younes RoseMary Sanders	1:48.47	2008	Arcadia
4 x 400	Jada Sims 59.2 Megan Zacher 58.5 Sophie Brohard 60.5 Kinsey Ehmann 57.05	3:55.23	2018	2018 State Meet
4 x 400	Nicole Waters 59.9 Sophie Bidwill 58.3 Kaysey Fung 59.9 Natalie Johnson 57.9	3:56.01	2007	2007 State Meet
4 x 400	Sophie Brohard 58.37 Maria Benitez 61.19 Johnnie Mitchell 61.65 Jada Sims 55.55	3:56.76	2019	2019 State Meet

Xavier Track and Field Relay Records

4 x 800	Jessica Tonn	2:16.4	8:57.81	2007	Nike Outdoor Nationals
	Sarah Penney	2:12.0			
	Nicole Waters	2:18.3			
	Natalie Johnson	2:11.1			
800 Sprint Medley (100-100-200-400)	Chelsea Canepa		1:48.73	2007	Tempe Relays
	Brianna Younes				
	Kaysey Fung				
	Natalie Johnson				
1600 Sprint Medley (200-200-400-800)	Katie Keyt		4:13.92	2002	Lady Husky Relays
	Mykella Mulloy				
	Khandle Hedrick				
	Stephanie Rothstein				
4 x 1600	Lauren Kinzle	5:07.5	20:14.08	2012	Mt. SAC Relays
	Jessica Molloy	5:11.5			
	Laura Orlie	4:57.5			
	Sarah Fakler	4:57.5			
4 x 1600	Daylee Burr	5:12.5	20:23.85c (from 20:31 4x1mile)	2010	Arcadia
	Katie Penney	5:08.5			
	Sarah Fakler	5:07.5			
	Jessica Tonn	5:02.5			
4 x 1600	Breanna Perrone	5:08	20:30.90	2011	Arcadia
	Daylee Burr	5:15			
	Katie Penney	5:09			
	Sarah Fakler	4:58			
4 x 1600	Sierra Brown	5:15.9	20:41.44	2013	Arcadia
	Shelby Brown	5:12.8			
	Lauren Kinzle	5:08.6			
	Sarah Fakler	5:03.8			
4 x 1600	Breanna Perrone	5:10	20:52.06	2012	Mt. SAC Relays
	McKenna Gaffney	5:14			
	Samantha Mattice	5:12			
	Sierra Brown	5:16			
Distance Medley (1200-400-800-1600)	Sarah Penney	3:44	12:00.64	2007	Arcadia
	Nicole Waters	0:59			
	Natalie Johnson	2:13			
	Jessica Tonn	5:04			