

Subject to change due to CDC and Maricopa County Health Department protocol changes

People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Arizona Public Health will continue to update this list as we learn more about COVID-19.

It's important everyone take prevention steps to help stop the spread:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Wear face coverings
- Stay home if temperature is 100.4 F or above. Students must be 72 hours fever free without the use of fever reducing medicine.

Guidelines below regarding stay at home protocol:

If you have tested positive for COVID-19 or are being evaluated (i.e., waiting for test results) for COVID-19 infection by a health care provider and sent home to recover, you'll be asked to stay home and monitor your symptoms to help prevent the disease from spreading to other people in your home and community. Other people you live with and those you had close contact with during the time you became sick, also will be asked to take specific actions to monitor for symptoms of illness and prevent further spread to others.

1) If a person is symptomatic and awaiting COVID-19 test results:

- Stay home away from others or under isolation precautions until results are available. If results are delayed, follow guidance for symptomatic and tested positive for COVID-19. Once results are available, follow the recommendations below based on results.

2) If you have symptoms and tested positive for COVID-19, you should:

- Remain in home isolation until 14 days have passed since your symptoms first started AND
- At least 3 days (72 hours) have passed since your fever has gone away without the use of fever-reducing medications AND your respiratory symptoms (cough, shortness of breath or difficulty breathing, sore throat, congestion or runny nose, and loss of taste/smell) have improved.

3) If you have symptoms and tested negative for COVID-19, you should:

- Stay home and away from others until 3 days (72 hours) have passed since your fever has gone away without the use of fever-reducing medications AND your respiratory symptoms (cough, shortness of breath or difficulty breathing, sore throat, congestion or runny nose, and loss of taste/smell) have improved.

4) If you have never had symptoms and tested positive for COVID-19, you should:

- Remain in home isolation until 14 days have passed since the date your first positive COVID-19 test was done, as long as you have not started to have any symptoms since that test.

5) If you previously had symptoms and tested positive for COVID-19, do not have symptoms now, and are being retested at the end of the 14-day isolation period and your repeat PCR test is positive, you will have to remain in isolation for 14 more days following your repeat positive test.

6) If a person is symptomatic and has not been tested for COVID-19

- Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND
- Other symptoms have improved; AND
- At least 14 days have passed since symptoms first appeared. --

7) If a student has a temperature of 100.4 F or above, they will be out of school for a mandatory 72 hours. The student may return after 72 hours and no fever without the use of fever-reducing medication

8) If you live in the same home or were in close contact (within 6 feet for longer than 10 minutes) with someone with COVID-19, you should stay at home and quarantine:

- If you live with the person with COVID-19, separate yourself from the ill person (people) in the home.
- Stay at home for 14 days after your last contact with the person with COVID-19

9) Anyone coming on campus, must wear a mask.